

Traditional Irish Compositions by Enda Seery



86 compositions in the traditional Irish idiom between Jigs, Reels, Hornpipes, Barndance, Slip Jigs, Polkas, Slides, Marches, Waltz & Slow Pieces

'A Composer of real worth'-Tradconnect

'Tunes have that wonderful quality of feeling very new and very old at the same time'
-Irish Music Magazine

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#### **BIOGRAPHY**

# **ENDA SEERY**





Enda Seery from Streamstown, Co. Westmeath in the heart of Ireland is a whistle, flute player, composer, singer and teacher immersed in traditional Irish music. A former Secondary School teacher, Enda is now fully engrossed in his music career as a professional music teacher and performer.

Enda grew up with music, song and dance from an early age with his musical siblings Ciarán (button accordion), Siobhán (flute) and Pádraig (fiddle) all gaining a reputation for their musicality and tradition as part of *The Mona Dubh Céili Band*. Indeed the areas of Streamstown and Castletown Geoghegan are steeped in the tradition with musicians such as the late John John Gannon, his father James Gannon and Billy Whelan (The Whistling Postman) all coming from those areas. Nowadays Enda's cousin Colin Nea, All Ireland Champion Button Accordion player and Davy Joe Fallon of the well-known Céilí band Davy Joe and Carousel have brought Westmeath's tradition of Irish music, song and dance to the fore to an even wider audience. Enda Seery of course is very much part of this.

As a teenager and moving into his mid-twenties: Enda was a consistent achiever at Fleadh Cheoil competitions at Provincial and All-Ireland level. He has multiple whistle titles at Provincial level and in 2011, he was honoured with a 3rd place for his hornpipe composition *Langton's of Kilkenny* at Fleadh Cheoil na hÉireann in Cavan added to a Leinster Title for his composition *The Longwood Reel* in 2013. Indeed Enda's compositions are now being recorded by other artists with his cousin, the aforementioned Colin Nea recently recording Enda's composition *Sam's Delight* (reel) for his new album *Between the Jigs and the Reels*. Colin lives in Kilfenora, Co. Clare.

Enda was delighted to release his debut album *The Winding Clock* in November 2010 and the launch night in the Uisneach Inn, Killare, Co. Westmeath was certainly a memorable one with the venue packed to the rafters. The album has received great reviews from critics and musicians alike. Much praise has been given to Enda's own traditional compositions. Eileen McCabe of The Irish Music Magazine notes that 'Enda includes many of his own tunes and they intertwine seamlessly with the more traditional with regards to the quality of workmanship'. Tony Lawless of <a href="www.tradconnect.com">www.tradconnect.com</a> describes Enda'a playing as having 'an earthy, old school traditional feel, delivered in a precise and punchy way that is quite entrancing'. Zac Leger, musician and reviewer for <a href="www.folkworks.org">www.folkworks.org</a> notes that *The Winding Clock* is 'an album worth losing time over, again and again'.

In September 2012, Enda Seery completed a Masters in Traditional Irish Music Performance at The Irish World Academy of Music and Dance, University of Limerick with First Class Honours. Enda gained valuable tuition and advice from an array of whistle and flute masters including Kevin Crawford, Mary Bergin, Sean Ryan, Mikie Smyth, Bríd Donohue, Majella Bartley, Brian Finnegan and Carmel Gunning.

Enda has featured as a performer on RTÉ, TG4, RTÉ Radio 1, RTÉ Lyric FM and Raidió na Gaeltachta. He has appeared on broadcasts such as RTÉ's *Céilí House* and Forefront Productions *Fleadh Cheoil na hÉireann* series on RTÉ and *Geantraí* on TG4.

After completing his studies in Limerick, Enda has become a full-time professional musician and teacher and this led to the release of his second studio album *Síocháin na Tuaithe:Peace of the Countryside* in April 2013 followed by a mini-tour of launches around Ireland in Mullingar (Áras an Mhuilinn), Ennis (Fleadh Nua), Edenderry (Leinster Fleadh), Drumshanbo (Joe Mooney Summer School), Derry (All-Ireland Fleadh Cheoil) and Tuam (Tuam Trad Festival). Again the album has been highly praised with flute and whistle maestro Kevin Crawford stating that Enda is 'a man on top of his game musically' and you can't get better recognition and praise than that!

Between performing, teaching, composing, singing and Comhaltas administration, Enda Seery is sought after and long may this continue.

#### **INTRODUCTION:**

I am delighted to release this online E book of my traditional Irish compositions. I have been composing for over ten years now and with my voyage into the world of a full-time professional music teacher and musician, I have been composing more and more in the last few years.

Music is a personal experience and composing is certainly just that too. I have had a lot of experiences of varying situations in traditional Irish music in Ireland and beyond which has structured how I play and compose music. I never set out to be a composer. It just happened. The more music I played, the more I composed.

I come from a very traditional, Comhaltas Ceoltóirí Éireann background in an area steeped in the tradition in Co. Westmeath. I have been involved in the Castletown Geoghegan branch of Comhaltas Ceoltóirí Éireann since the age of seven when I first started learning the whistle with Ellen Comerford and then Eilish Egan. I have progressed over the years as a musician, teacher and administrator with the branch leading to my present day role as Chairperson of Castletown Geoghegan Comhaltas and as P.R.O. of Westmeath Comhaltas. Music was plentiful growing up with my brothers Ciarán and Pádraig and sister Siobhán all learning music with me as the youngest. These musical siblings as well as my oldest brother Declan and my mother and father, Ber and Seamus have all encouraged me to keep playing music and passing on the tradition.

As I progressed through music, I became fascinated by the twists and turns of tunes in traditional Irish music. Through experimentation, variation and improvisation of the playing of tunes, I started on my journey of composing in my late teens. After a gap of a few years getting through college etc... I have been composing ever since.

For me, anyone can compose music, but to be a composer you must immerse yourself in your chosen genre of music. Of course for me, that's traditional Irish. Even the oldest of tunes have to have had a composer. When I compose, I always keep the tune very much in the traditional idiom. That's what I was brought up on listening and learning from great musicians like John Joe Gannon and Davy Joe Fallon here in Co. Westmeath. People have said that my tunes don't sound like 'new tunes' but that this is a good thing. I'm flattered by these comments but that's what I want to achieve when composing: keep the tune traditional and having a nice flow and rhythm to the tune.

I would like to say that I have no problem with some of the more modern, contemporary compositions, but are they traditional? I don't think so. But's it's a sort of a grey area for another day's discussion. All I will say is for me, our traditional Irish music is dance music, meant to be danced to and listened to with our ears and feet.

How, when, where do I compose? Well it can happen at anytime, anyplace, anywhere. Sometimes some notes or a particular melody will just come into my head and I will hum the melody and record it onto my phone. I never write down the notes first. I will compose the tune and later write it down for my own records and teaching purposes. Tunes have come into

my head whilst driving, in bed, teaching a class, even at mass! The key is to try and keep the melody and record it as quickly as possible. I compose a lot at home where my instruments are close at hand. I also love walking around the beautiful countryside in Co. Westmeath where a particular melody of a jig, reel, hornpipe, slow air, polka etc..., might come to me.

I sincerely hope that my tunes stay in the tradition and I for certain will keep composing and I look forward to releasing volume two!

Enjoy the tunes.

Enda Seery

#### **ACKNOWLEDGEMENTS:**

- -I would like to sincerely thank my close family, in-laws, relations and close friends who have supported me down through the years.
- -I would like to thank all the people, places, animals, events, musical instruments and musicians who have inspired me to compose these 86 tunes and who will no doubt inspire me to keep composing into the future.

GO RAIBH MÍLE MAITH AGAIBH GO LÉIR.

#### VIEWS ON ENDA SEERY'S COMPOSITIONS



His new compositions have a patina of ancient authenticity about them also. Sneak then into a session and you'd have great fun when the other lads start guessing how old they are-**Sean Laffey, Editor, Irish Music Magazine** 

Peace of the Countryside is a very rewarding and accomplished recording featuring not only some great music but also a composer of real worth.-**Tony Lawless**, **www.tradconnect.com** 

The other major impression of the Winding Clock is the quality of composition. Enda includes many of his own tunes and they intertwine seamlessly with the more traditional with regards to the quality of workmanship.-Eileen McCabe, Irish Music Magazine

He includes a couple of his own tunes - such as the jig ('The Winding Clock'), who gave the album its title, and the air "Fonn an tSruthain" (*Tune of the Streams*), relating to his hometown -, blending perfectly in the traditional surroundings of more or less familiar Irish tunes.-www.folkworld.eu

A gifted composer, his tunes have that wonderful quality of feeling very new and very old at the same time. He has a great feel for catchy melodies that still feel very much a part of the tradition and I did my first listen of the album (The Winding Clock) without consulting the liner notes in an attempt to see if I could discern which tunes where his and which were older tunes or by other composers.-Zac Leger, <a href="https://www.folkworks.org">www.folkworks.org</a>

Enda's compositions have a remarkable structure to them. I'm sure some of them will end up becoming session favourites in the next hundred years or sooner if I can introduce them to my own session. www.irishmusicasia.com

#### -CHECK OUT ENDA SEERY'S TWO ALBUM RELEASES:



Síocháin na Tuaithe:Peace of the Countryside



The Winding Clock

Available to buy from the Store on www.endaseery.com

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#### **NB: PLEASE NOTE:**

I have used staff and ABC notation for tunes. I myself primarily teach by ear and for those learning by ear, the mp3 audio files will be of great assistance in learning tunes. I feel that the staff and ABC notations should be used for reference only although some do find it easier to learn by these methods but remember traditional Irish music is an aural form, meant to be listened to and danced to.

NB: I have NOT provided notation for the slow waltz and slow pieces as these pieces need to be listened to and learned by ear to gain a proper understanding of the feeling and expression of them. It is quite difficult to get a proper understanding of airs and slow pieces from notation and that is why I have only provided audio files for them.

Also, I have not included ornamentation in the staff or ABC notation of tunes. Instrument and one's style of playing will determine what ornamentation you want to include. I have however, included ornamentation in the audio files.

#### **ABC Notation Musical Symbols:**

'= note in higher register, ie, a high note eg, D'

- = a long note eg, E-

E/F/G/ or (3EFG = a triplet of notes. Tempo depends on rhythm/type of tune

\_ = a run on note(s) played quickly on its own or together, eg, G or GA

#### **JIGS:**



## All the Twin Calves



G |: CD'E' G'-G' | A'G'E' D'BG | AEE BAG | AGE DEG |

A B/C/D' E'G'A' | B'G'E' D'BG | A-E BGE | 1 DEG A-G | 2 DEG AG'F' |

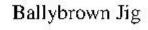
|: E'AA F'G'F' | E'D'B D'BG | AEE BAG |1 AGE DBD' |

E'AA F'G'F' | E'D'B D'BG | AEE BGE | DEG AG'F' :|

|2 AGE DEG | A B/C/D' E'G'A' | B'G'E' D'BG | A-E BGE |

DEG A-

All the Twin Calves: This tune celebrates the unusual occurrence of two sets of twin calves born on the Seery farm in the same night and another set of twins a few days after!





|: G-G ABA | GBD' E'D'G' | E'D'B ABA | GBG AFD |
G-G ABA | GBD' G'F'G' | F'G'A' G'F'D' | CAF G-: |
|: GBD' G'F'G' | A'F'D' CBA | BD'B BAG | BD'B CBA |
G-G ABA | GBD' G'F'G' | F'G'A' G'F'D' | CAF G-: |

*Ballybrown Jig*: This is the first tune I ever composed and it was born at home in Ballybrown, Streamstown around 2005! It features as tune 2, track 2 on The Winding Clock album.



Ber s Favourite



|: ABA G-E | AGA BCD' | E'A'F' G'-E' | D'BG DGB |
ABA G-E | AGA BCD' | E'D'B G'F'G' | E'D'B A-E : |
|: AC#E' A'-A' | B'A'G' E'D'B | GED AGE | B-G BCD' |
E'A'F' G'-F' | E'/F'/G' E' D'BG | E'D'B G'F'G' | E'D'B A-E : |

*Ber's Favourite*: This tune is in honour of my Mam, Ber Seery, the best Mam and cook in Ireland and it features as tune 3, track 2 on The Winding Clock album.

## Breezy Times



E |: EGB E'F'G'| B'G'E' D'BA | BE'F' G'F'E' | F'BB BAF |
EGB E'F'G'| B'G'E' D'BA | BE'F' G'F'E' | 1 F'E'D' E'-E : | 2 F'E'D' E'-F' |
G'A'G' F'E'D' | E'FG D'FG | BAF DFA | D'AD' E'-F' |
G'A'G' F'E'D' | E'FG D'-B | BAF DFA | 1 AFD E-F' : | 2 AFD E- |

**Breezy Times:** I was covering the silage pit with my Dad and brother Ciarán a couple of years ago on a very breezy June day which left it difficult getting the plastic to cover the pit but it got covered in the end and this jig came to me soon after.



D |: GAB AGE | CBA BGE | AFD GAB | ACA F-F |
GAB AGE | ECA BGE | AFD GAB | 1 D'CA G-D : | 2 D'CA G-B |
D'E'D' BAG | D'E'D' BAG | E'-E' CBA | EAA CBA |
D'E'D' B-G | D'E'D' B-D' | E'CA D'BG | DFA G-B : |

**Chewing the Cud:** The name describes how cows chew their cud after grazing on grass and it also refers to me the musician 'chewing the cud' thinking about the next tune, project etc....

## Days on Bofin



D |: GBD' G'-G' | FAD' F'-F' | G'F'E' A'G'F' | E'/F'/G' F' E'D'B |
GBD' G'-G' | FAF' F'-F' | G'F'E' A'G'F' | I E'/F'/G' F' E'D'B : | 2 E'F'D' E'F'G' |
|: F'-D' A'G'F' | E'-C G'F'E' | F'-D' A'-A' | B'A'F' A'F'E' |
F'-D' A'G'F' | E'-C G'F'E' | D'E'F' G'F'E' | E'D'C# D'-E' : | E'D'C# D'-C |
|: BAG BCD' | F'-F' F'D'B | D'G'G' B'G'G' A'G'F' G'-D' |
BAG BCD' | F'-F' F'D'B | D'G'F' D'E'D' | D'CA G'-A : |

*Days on Bofin:* Days Hotel, Inishbofin was the scene of a mighty trad session involving the Seery brothers and various musicians on the island. A memorable night of craic agus ceol!



Donore Castle



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E' |: D'BA G-D | AC#E' F'G'F' | E'D'B AGA | BGE DEF |
GBD' E'-D' | AC#E' F'G'F' | E'D'B AGA | 1 BGF G-E' : |2 BGF G-D |
|: GBD' E'-D' | AC#E' F'-E' | D'F'A' B'G'E' | A'F'E' D'BA |
|1 GBD' E'-D' | AC#E' F'-E' | D'F'A' G'A'B' | A'F'D' G'-D' : |
|2 GBD' E'-D' | AC#E' F'G'F' | E'D'B AGA | BGF G- |
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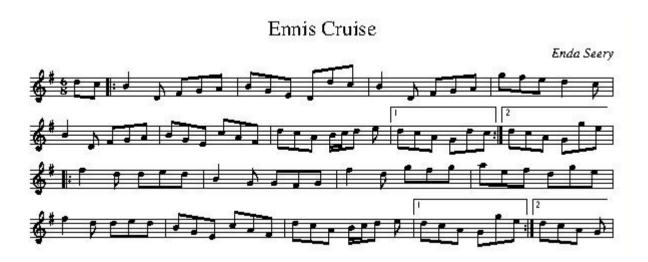
**Donore Castle:** I live quite close to the historical Donore Castle. It was built in 1598 and it was inhabited until 1950.





|: BCD' E'D'B | D'BG GBD' | F'-D' G'F'G' | A'F'D' F'D'C |
BCD' E'D'B | D'BG GBD' | F'-D' G'F'G' | 1 A'B'A' G'-D' : |2 A'B'A' G'-F' |
|: E'-B BAB | D'BA ABD' | E'-B G'F'G' | A'F'D' F'D'C |
BCD' E'D'B | D'BG GBD' | F'-D' G'F'G' | 1 A'B'A' G'-F'- : |2 A'B'A' G'-D' |

*Eilis Rising from Lough Ree:* This tune is part of my suite of music celebrating Eilis and Emily Elliott and their involvement in the 1916 Easter Rising. Eilis Elliott showed great courage and leadership and was where it mattered during the Rising in Dublin.



D'C |: B-D FGA | BGE DD'C | B-D FGA | G'F'E' D'-C |
B-D FGA | BGE CAF | D'CA B/C/D' E' |1 D'CA GD'C :|2 D'CA GG'E' |
|: F'-D' D'E'D' | B-G GFG | F'-D' G'F'G' | A'E'F' D'G'E' |
F'-D' D'E'D' | BGE CAF | D'CA B/C/D' E' |1 D'CA GG'E' :|2 D'CA G |

*Ennis Cruise:* Cruise's Bar, Ennis, Co. Clare is well known for quality traditional Irish music. I spent a great night there with some friends from the Masters course in Traditional Irish Music Performance led by button accordion player Shane Hayes.



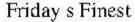
# Fearless Emily



|: F'-F' E'F'A' | F'E'D' CAF | EAC EAC | D'E'D' CD'E' |
F'-F' E'F'A' | F'E'D' CAF | EAC D'BE' | 1 CAA ACE' : |2 CAA A-F |
|: EAC EAC | D'E'D' CAF | EAC E'F'A' | F'E'D' CAF |

EAC EAC | D'E'D' CD'E' | F'-F' E'F'A' | 1 F'E'C A-F : |2 F'E'C A'B'A' |

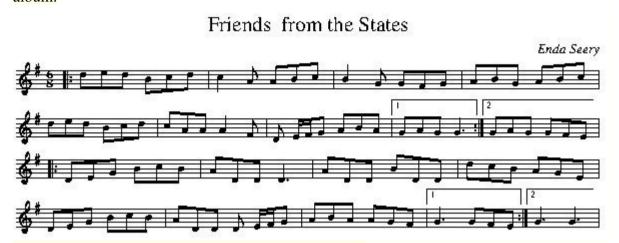
*Fearless Emily:* Another tune from my suite of music for Emily and Eilis Elliott and their involvement in the 1916 Easter Rising. Emily Elliott was oblivious of danger during the Rising and nursed victims with gunfire all around.





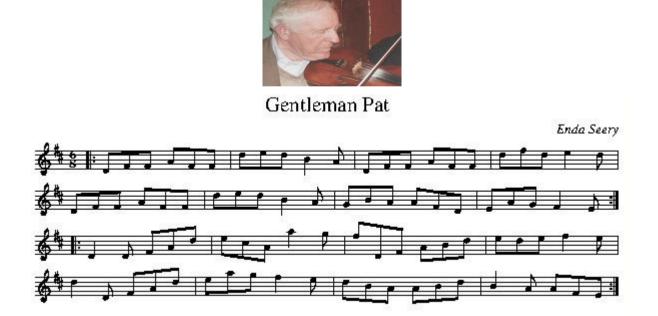
|: BD'B GFG | ACA F-F | BGD BGD | ABC D'-C |
BD'B GFG | ACA F-F | GAB CBA | 1 AGF G-A : |2 AGF G-G' |
|: E'G'E' CBC | D'E'D' B-G | AFD AFD | GAB D'-G' |
E'G'E' CBC | D'E'D' B-G | A-B CBA | 1 AGF G-G' : |2 AGF G- |

*Friday's Finest:* I composed this jig on a Friday after a week's teaching Irish in my former job as a Secondary School teacher. It features as tune 2, track 3 on The Winding Clock album.



|: D'E'D' BCD' | C-A ABC | B-G GFG | ABG ABC |
D'E'D' BCD' | CAA A-F | D E/F/G ABA | 1 GAG G-: |2 GAG GFE |
|: DEG BCB | ADD D- | ADD BDD | D'CB AGE |
DEG BCB | ADD D E/F/G | ABA AGF | 1 G- GFE: |2 G- G- |

*Friends from the States:* Composed in honour of some fantastic American musicians, Alec Brown, Joanna Hyde, Colin Botts, Dominque Dodge and Colm Gannon that I met on the Masters in Traditional Irish Music Performance course at University Limerick.



|: DFF AFF | D'E'D' B-A | DFF AFF | D'F'D' E'-D' |
DFF AFF | D'E'D' B- A | GBA AFD | EAG F-E : |
|: D-D FAD' | E'CA A'-G' | F'DF ABD' | E'D'E' F'-E' |
D'-D FAD' | E'A'G' F'-E' | D'BA ABD' | B-A AFE : |

*Gentleman Pat:* Pat Carey, fiddle player and singer was a native of Ballinagore, Co. Westmeath. He held traditional sessions in his renovated thatched cottage. He was a loyal member of Castletown Geoghegan Comhaltas branch and we all miss him dearly.

# Jig for Spot



A'G' |: F'G'F' D'E'F' | E'F'E' B/C/D' E' | D'-F BCD' | BDD D-E' |
F'G'F' D'E'F' | E'F'G' A'-G' | F'E'D' E'F'E' |1 D'- D'A'G' :|2 D'- D'E'C |
|: B-F BCD' | CFF F-C | D' B/C/D/ D'E'F' | E'CA EAC |
B-F BCD' | B/C/D' E' E'F'G' | F'E'D' E'F'E' |1 D'- D'E'C :|2 D'- D'- |

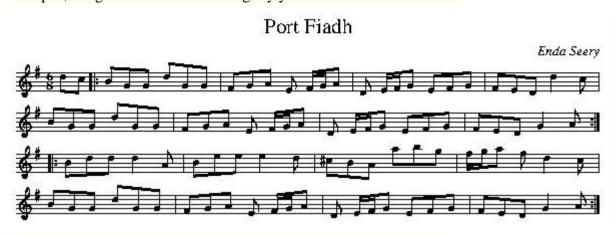
Jig for Spot: Fiddle player Katie Lucey from Co. Kerry who was on the Masters course in Trad Performance in University Limerick told me about her new pup Spot one day and I duly composed this jig!

#### Over the Water



|: A-A BAG | AGE D-E | C, DE GED | EAA GAB |
A-A BAG | AGE D-E | C, DE GED | 1 EAA ACB : | 2 EAA A B/C/D' |
|: E'AA A B/C/D' | F'AA A B/C/D' | BAG G'F'E' | D'BA G-B |
A-A BAG | AGE D-E | C, DE GED | 1 EAA A B/C/D' : | 2 EAA A- |

*Over the Water:* The beautiful Living Bridge at University of Limerick, overlooking the River Shannon connects The Irish World Academy of Music and Dance with the Old Campus, a regular walk I took during my year there from 2011-2012.



D'C |: BGG D'GG | FGA E F/G/A | D E/F/G/ EFG | FED D'-C |
BGG D'GG | FGA E F/G/A | D E/F/G/ EFG | FED G-A : |
|: BD'D' D'-A | BE'E' E'-D' | C#BA A'B'G' | F'/G'/A' F' D'-C |
BGG D'GG | FGA E F/G/A | D E/F/G/ EFG | FED G-A : |

**Port Fiadh:** Fiadh is my niece and is daughter of my brother Declan and partner Bríd. She loves tapping her foot along to Irish music.



Ralph s Paw



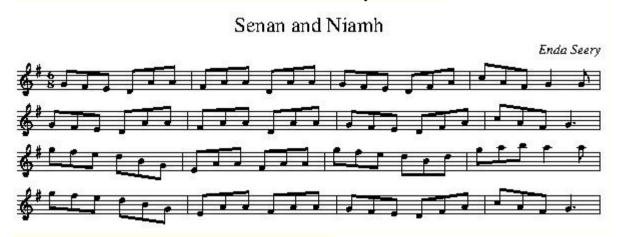
C | GED E-E | GED E-E | DEG AGE | GED D-C |
GED E-E | GED E-E | DEG AGE | GAB A-B |
CD'E' G'E'D' | CAG ABC | D'E'D' D'CA | GEE D'E'D' |
CD'E' G'E'D' | CAG ABC | B-G AGE | GED D- |

**Ralph's Paw:** Ralph is one of the friendly Seery pet dogs. He is a lovable rogue who likes to give the paw! This tune features as tune 2, track 15 on the Síocháin na Tuaithe:Peace of the Countryside album.



|: AFD DED | AFD BAF | A B/C/D' E'CA | D'CA GFG |
AFD DED | AFD BAF | A B/C/D' E'CA | 1 D'F'E' D'-B : |2 D'F'E' D'-E' |
|: F'D'B BAB | BAF EFE | DFA D'E'F' | G'F'G' E'D'E' |
F'D'B BAB | BAF EFE | DFA D'E'F' | E'D'C D'-E' : |

Santa Cruz: Santa Cruz is a Bed and Breakfast near Dún Laoighaire, Co. Dublin where I stayed during the Comhaltas T.T.C.T. teaching course a few years ago. It features as tune 1, track 6 on the Síocháin na Tuaithe:Peace of the Countryside album.



GFE DAA | FAA DAA | GFE DFA | CAF G-G |
GFE DAA | FAA DAA | GFE DFA | CAF G- |
G'F'E' D'BG | EAA FAA | G'F'E' D'BD' | G'A'B' A'-A' |
G'F'E' D'BG | EAA FAA | GFE DFA | CAF G- |

**Senan and Niamh:** My twin nephew and niece, son and daughter of my brother Pádraig and his wife Aoife. They were born in August 2014 on the weekend of the All-Ireland Fleadh Cheoil in Sligo.





|: BGD EGD | DBG EGD | G B/C/D' E'CA | D'BG ABC |
BGD EGD | DBG EGD | G A/B/C D'BG |1 DFA G-A : |2 DFA G-D |
|: GAB D' B/C/D' | E'CA ABG | FGA D' B/C/D' | E'D'B D'BA |
GAB D' B/C/D' | E'F'G' A'-G' | F'D'E' D'CA | AGF G-D :

*Shay's Jig:* Shay is Pádraig and Aoife's oldest child and he was the first born Seery grandchild in 2011. He is always full of wit and humour.



F' |: F'D'B AFE | DFA E'AF' | G'B'G' B/C/D' E' | F'E'D' ED'C | D'-A AFE | DFA E'AF' | G'E'C ACE' | E'D'C D'- :|
F |: FAD' D'E'D' | GBD' E'F'D' | ACE' B'G'E' | F'E'D' CAG | FAD' D'E'D' | GBD' E'-D' | ACE' G'E'C | E'D'C D'- :|

**The Devon Inn:** I did some recording for Tradtime: Comhaltas Schools Outreach at The Devon Inn in the village of Templeglantine in Limerick close to the Kerry Border. It is an area rich in the tradition of music, song and dance.



|: CAA E'AA | G'A'B' A'-A' | GEE BEE | E'D'C E'F'D' | CAA E'AA | G'A'B' A'-A' | GAB 3B/C/D' E' |1 D'FA D'E'D' :|2 D'FA D'-F' |

|: F'E'D' 3B/C/D' E' | D'CB AFD | F'E'D' B/C/D' E' | D'F'B' A'-G' | F'E'D' 3B/C/D' E' | D'CB AFD | GAB 3B/C/D' E' |1 D'FA D'-D' :|2 D'FA D'E'D' |

The Finish Line in Sight: I run a lot of races throughout the year and it's always great when the finish line is in sight.

#### The Little Ladder



|: B-E' A-D' | G-D' F-D | EFG BAF | EE'B D'BA |

BE'E' AD'D' | GD'D' F-D | EFG E'D'B | 1 AFE E (3FGA : | 2 AFE E-F |

|: G-D GAB | E'D'B D'BG | EAC E'F'G' | (3F'G'A' F' D'E'F' |

G'B'B' F'A'A' | E'D'B D'BG | AE'A E'-D' | 1 BGE E-F : | 2 BGE E (3FGA |

**The Little Ladder:** The whistle is 'The Little Ladder' of traditional Irish music and it's what I like to call it when I'm teaching the young kids.



The Polish Goldfinch

Enda Seery

G'F' |: E'AA E'F'E' | D'CA G-G | AFF GEE | FAF D B/C/D' |
E'AA E'F'E' | D'CA G-G | AFA B/C/D' E' |1 D'AF D'-D' :|2 D'AF D-E |
|: FAD' D'E'D' | CAG E-E | FAD' D' B/C/D' | A'F'F' G'-G' |
FAD' D'E'D' | CAG E-E | FDF B/C/D' E' |1 D'AF D-E |2 D'AF D- |

**The Polish Goldfinch:** The Goldfinch whistle is made in Poland and I met the maker Jakub at the University of Limerick and I ordered his instrument. Nice clear sound with good volume for playing at sessions.

# The Roaring Calves



|: F-F DFA | BAB E'F'G' | F'E'D' BAB | E'D'B AFE |
F-F DFA | BAB E'F'G' | F'E'D' BAB | 1 D'F'E' D'-E' : |2 D'F'E' D'-E' |
|: F'-F' D'F'A' | B'A'F' A'F'E' | F'E'D' BAB | E'-A E'F'G' |
F'-F' D'F'A' | B'A'F' A'F'E' | F'E'D' BAB | 1 D'F'E' D'-E' : |2 D'F'E' D'- |

*The Roaring Calves:* I was woken early one morning by some noisy young calves outside my bedroom window! It features as tune 3, track 8 on The Winding Clock album.



# The Winding Clock



|: EDE BAF | ABD' E'-F' | G'F'E' A'G'E' | D'BA GFG |
AD'E' F'-G' | F'E'D' BAF | DFA D' B/C/D' | 1 BAF E-D : | 2 BAF E-F' |
|: G'F'G' A'G'A' | B'G'E' E'-F' | G'B'B' B'-A' | A'F'E' D'-E' |
F'E'F' G'F'G' | A'B'A' F'E'D' | BAF D' B/C/D' | 1 BAF E-F' : | 2 BAF E- |

**The Winding Clock:** This tune took a little time, hence the name. It ended up being the name for my first album and the front cover and design was based around it too. It features as tune 1, track 2 of The Winding Clock album.

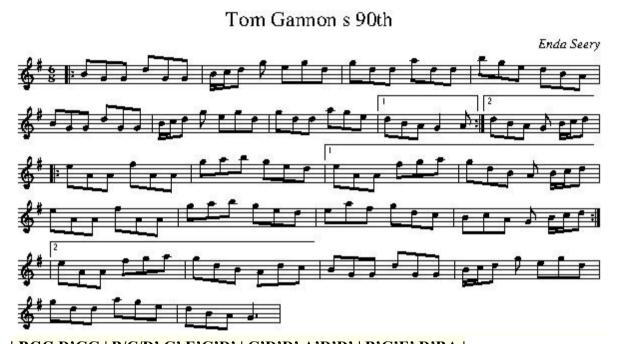


The Wisdom of Seamus



A |: AFA' G'-E' | AD'A G-G | EGB GBD' | ACE' G'F'E' |
D'A'A' G'-E' | AD'A G-G | EGB G B/C/D' | E'D'C CD'D' :|
|: EGB EGB | FAB FAB | GBD' B/C/D' E' | A'G'E' E'D'D' |
E'GB E'-G' | F'AD' F'-F' | G'A'B' B/C/D' E' | AGE EDD :|

**The Wisdom of Seamus:** This tune celebrates the wisdom of my Dad, Seamus Seery who was honoured in July 2014 at the Leinster Fleadh Cheoil in Moate, Co. Westmeath with a Comhaltas recognition award for his dedication and volunteerism down through the years. Congratulations to Seamus.



|:BGG D'GG | B/C/D' G' E'G'D' | G'D'D' A'D'D' | B'G'E' D'BA |
BGG D'GG | B/C/D' G' E'G'D' | G'D'D' A'G'E' | 1 D'BA G-A : |
|2 D'BA G B/C/D' |
|:E'AA F'AA | G'A'B' G'E'D' | 1 E'AA F'G'A' | G'D'B A B/C/D' |
E'AA F'AA | G'A'B' G'E'D' | E'A'F' G'D'C | BCA G B/C/D' : |
|2 E'AA F'G'A' | G'D'B AD'C | BGG D'GG | B/C/D' G' E'G'D' |
G'D'D' A'G'E' | D'BA G-|

**Tom Gannon's 90<sup>th</sup>:** Tom is the last living member of the well-known Gannon family of Ballybrown, Streamstown. Tom's brother John Joe was a great Button Accordion player who played with the Moate Céilí Band. I played at a lovely session of music in Tom's house in February 2014 to celebrate his 90<sup>th</sup> Birthday.

#### **REELS:**



|: D'-CD' BAFA | BEE- BAFA | D'-CD' BAFB | AD'F'A' G'-F'E' |
D'E'E'D' BAFA | BEE- BAFA | BFAF DEFD | E-DE FDDA :|
|: D'CD'E' F'-F'E' | D'E'F'A' G'-F'E' | D'CD'E' F'D'E'F' | D'BAF FEE- |
ABD'E' F'-F'E' | D'E'F'A' G'-F'E' | D'BAF DEFD | E-DE FDD- :|

**April Sunshine:** This reel was composed on a warm April day. It features as tune 2, track 1 on The Winding Clock album.





F |: GBD'F GBD'E | F-CA D'CAF | GBD'F GBD'E | FD'D'E' F'D'CA |
GBD'F GBD'E | F-CA D'CAF | GBD'E' F'D'CA |1 DGFA G-GF : |2 DGFA G-GA |
|: BG'F'G' E'/F'/G' D'B | AFF- ABCA | BG'F'G' E'/F'/G' D'B | D'E'G'A' B'G'G'F' |
G'-F'G' E'/F'/G' D'B | AFF- ABCA | GBD'E' F'D'CA |1 DGFA G-GA : |2 DGFA G- |

**Autumn Leaves are Falling:** I remember when I was young raking up and collecting leaves that had fallen from the trees onto the front lawns and were scattered everywhere.

#### Belvedere Hills



D'E' |: F'BB- G'A'B'A' | A'F'D'F' E'F'D'E' | F'BB- G'A'B'A' | A'F'D'F' E'-D'- | E'/F'/G' A'G' F'BB- | G'F'E'G' F'E'D'F' | E'D'CE' D'BAF |1 GBAF EFD'E' : |2 GBAF EFDE |

|: FGAF GE'E'- | D'ABA AGFE | FGAF GE'E'- | D'ABG A- B/C/D' | F'-F'A' G'-G'B' | A'F'D'F' E'F'D'E' | F'E'D'A BE'D'B |1 AFDF EFDE :|2 AFDF EFD- |

**Belvedere Hills:** My brother Declan and his family live in Belvedere Hills, Mullingar, Co. Westmeath close to the well-known Belvedere House.

# Connie Seery s



E | EGBD' E'-D'B | EGBD' B-GD | EGBD' E'-D'B | F'-D'B AFF- | EGBD' E'-D'B | EGBD' B-GD | EGBD' E'-D'B | F'-D'B AFF- | AGFA GEE- | AGFA GBB- | AGFA GABD' | E'-D'B AFF- | AGFA GEE- | AGFA GBB- | AGFA GABD' | E'-D'B AFF- | *Connie Seery's:* Conor Seery or 'Connie' as I affectionately call him is son of my brother Ciarán and his wife Margaret. He was born in December 2013.

## Day Trip to Galway



AG |F-DE FGAD' | CAAB AGEG | F-DA FAD'B | CA'G'E' D'-AG |
F-DA FAD'B | CAA- E'AA- | F'-F'D' AD'F'A' | G'E'A'F' D'- B/C/D' |
E'AA- D'CAG | F-FD FGA- | E'AA- F'AA- | G'-F'E' D'- B/C/D' |
E'AA- D'CAG | F-FD FGAF | GFGA BAGB | AG'F'E' D'-F |
G-GA BGEG | F-DF AFDF | G-GA BAGB | AG'F'E' D'-F |
G-GA BGEG | F-DF AFDF | G-GA BAGB | AG'F'E' D'- |

Day Trip to Galway: I was driving from Ennis to Galway and the melody of this tune came to me. So I stopped by the side of the road and hummed it into the phone and finished it when I got home! I played it on whistle on Geantraí on TG4 in 2013. It features as tune 2, track 3 on the Síocháin na Tuaithe:Peace of the Countryside album.

# Lifting the Lid



|: DEGB A-GA | BGAF GEFE | DEGB A-GA | BE'E'D' E'-E'E' |
DEGB A-GA | BD'AF GFED | EAAG A-GA | BE'E'D' E'-E'E' : |
|: D'-BG AGEF | GBAF GFEF | D'-BG AGAC | BE'E'D' E'-E'E' |
D'-BG AGEF | GBAF GFED | EAAG A-GA | BE'E'D' E'-E'E' : |

Lifting the Lid: The name refers to an essential part of traditional Irish music: lift or 'hup' as many of us call it.



| A-EG FED- | A-EG F/G/A D'B | A-EG FEDE | FAAF ABD'B |
A-EG FED- | A-EG F/G/A D'B | A-EG FEDE | FAAF ABD'B |
|A-E'G' F'E'D'B | G-E'G F'G'E'D' | A-E'G' F'E'D'- | E'/F'/G' A'F' G'E'F'D' |
|A-E'G' F'E'D'B | G-E'G F'G'E'D' | A-E'G' F'E'D'- | E'/F'/G' A'F' G'E'F'D' |

*Rîl Cois Ghruda:* I was playing some tunes with fiddler James Hughes at his house in Cois Ghruda, Limerick City and this tune was composed.



Sam s Delight



|: B-GB ABGB | CEE- GABC# | D'AA- D'- E'/F'/G' | F'D'CA DFAC |
B-GB ABGB | CEE- GABC# | D'AA- D'- E'/F'/G' | F'D'CA G-A : |
: B/C/D' G'D' F'D'CA	BGG- D'G B/C/D'	E'A'A'G' A'-G'A'	B'G'A'G' E'D'BA
1 B/C/D' G'D' F'D'CA	BGG- D'G B/C/D'	E'A'A'B' A'G'F'D'	CAFA G-A :
2 B-GB ABGB	CEE- GABC#	D'AA- D'- E'/F'/G'	F'D'CA G-

Sam's Delight: Sam is the other Seery pet dog. She is very friendly and was delighted one day to find a bone she had buried. My cousin Colin Nea recorded this tune on his button accordion album 'Between the Jigs and the Reels' in 2012 after I sent him on some of my compositions following a session of music we had in The Roadside Tavern in Lisdoonvarna, Co. Clare. I also recorded Sam's Delight as the second tune on track 1 of the Síocháin na Tuaithe:Peace of the Countyside album.



Thanks to Nancy



A |: ABE'G' E'D'BG | AE'E'G' D'CAF | G-BG EFGA | AGD'G BAGA |
ABE'G' E'D'BG | AE'E'G' D'CAF | G-BG EFGA | BAFA G-A :|
|: ABE'G' B'G'E'D | FAD'F' A'F'D'F' | G'F'E'D' BAGA | AGD'G BAGA |
ABE'G' B'G'E'D | FAD'F' A'F'D'F' | G'F'E'D' BAGA | BAFA G-A :|

**Thanks to Nancy:** Nancy Woods has been the main driving force behind the hugely successful Joe Mooney Summer School in Drumshanbo, Co. Leitrim held each July. Thanks to Nancy, I have taught whistle there for the past few years.



|: D-EG A-AB | CAE'G' D'BAB | D-FA G-GA | BAGE' D'BAB | D-EG A-AB | CAE'G' D'BAB | D-FA GABE' | E'D'BD' D'BA-: | E-GA B-A-- | EGA BAGE | D-FG A-G- | D-FG AGFG | E-GA B-A-- | EGA BAGE | DFAD FAD'E' | E'D'BD' D'BA-: |

*The Barge:* I stayed in an Apartment complex in Mullingar called The Barge close to the Royal Canal, hence the name. I like to play a syncopated A in the second part.

# The Big Hungry Cat



| E-DE GA B/C/D' | G'-F'D' CAGF | E-DE GABD' | CAA- CAGF |
E-DE GA B/C/D' | G'-F'D' CAGF | E-DE GA B/C/D' | E'G'F'D' E'BE'F' |
| G'-E'D' BABD' | F'-D'B AFDF' | G'-E'D' BA B/C/D' | E'G'F'D' E'BE'F' |
G'-E'D' BABD' | F'-D'B AFDF | E-DE GA B/C/D' | E'G'F'D' D'E'-|

*The Big Hungry Cat:* A big hungry Cat came to the Seery back door one day and was well fed and watered as is customary in our house. I like to call our house Seery's Hotel!

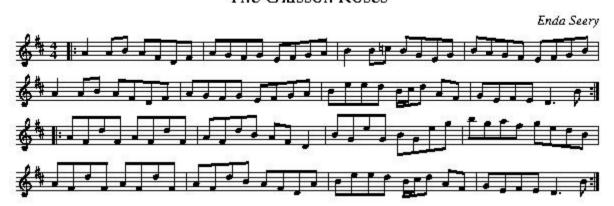
### The Cedars



A |: D'BAF AFED- |BAF AFED | E-GE BAFB |ABBA B/C/D' E'F' |
D'BAF AFED- | BAF AFED | E-GE BAFB | AFEF D-A :|
|: D'BAF ABD'F' |E'BB- G'-F'D' | E-GE BAFB | ABBA B/C/D' E'F' |
D'BAF ABD'F' | E'BB- G'-F'D' | E-GE BAFB | AFEF D-A :|

**The Cedars:** I stayed at The Cedars in Castletroy, Limerick City during my year on the Masters in Traditional Music Performance course at University of Limerick. It was great to be fully engrossed in music for the year.

#### The Glasson Roses



|: A-AB AFDF | AGFG EFGA | B-BCnat BGEG | BAGF EFGB |
A-AB AFDF | AGFG EFGA | BE'E'D' 3B/C/D' AF | GEFE D-B :|
|: AFD'F AFD'F | AFD'B AFD- | BGE'G BGE'G' | B'G'A'F' G'E'D'B |
AFD'F AFD'F | AFD'B AFDA | BE'E'D' 3B/C/D' AF | GEFE D-B :|

**The Glasson Roses:** Eilis and Emily Elliott are 'The Glasson Roses' (Glasson, Athlone, Co. Westmeath) and I was honoured to be commissioned to compose a suite of music to celebrate their involvement in the 1916 Easter Rising for the Centenary of the Rising in 2016.

#### The Jam Sandwich



|: D'C | BFF- BD'F'D' | CAA- D'F'A'F' | G'-A'F' G'E'F'D' | BAFD E-EA |
BFF- BD'F'D' | CAA- D'F'A'F' | G'-A'F' G'E'F'D' | BAFE D- : |
|: E' | F'-D'E' F'G'A'F' | G'E'F'D' E'F'D'A | F-DE FAD'E' | 1 F'D'A'D' G'-F'E' |
F'-D'E' F'G'A'F' | G'E'F'D' E'F'D'A | FAD'F' G'A'B'A' | A'F'E'F' D'- : |
2 F'D'AD' E'-D'C | BFF- BD'F'D' | CAA- D'F'A'F' | G'-A'F' G'E'F'D' | BAFE D- |

**The Jam Sandwich:** Some of the Seery grandchildren are known to eat a jam sandwich or two at the home house in Ballybrown, Streamstown.

## The Longwood Reel



EAB |: CE'E'D' E'A'G'E' | D'BGA BAAG |FDFA GDGB | AEE- E'-D'B | CE'E'D' E'A'G'E' | D'BGA BAAG | FDFA GDGB |1 AE'D'B AEAB :|2 AE'D'B AG'F'G' |

|: E'AAE' F'-E'D' | BGGD' E'-D'E' | CAA- F'-E'D' | E'F'G'B' A'-A'G' | E'AA- F'AE'A | BGD'G E'-D'B | CA'G'E' D'BGA | 1 BE'D'B AG'F'G' : |2 BE'D'B A |

*The Longwood Reel:* Composed the morning after a great session of music at Stoney's, Longwood, Co. Meath where I was invited by my friend Dee Eakins. It achieved first place for tune composition at the Leinster Fleadh Cheoil in 2013.





| DE |: FBAF EFDF | EFDF EDBA | FAAF GBD'B | ABD'F' E'D'BA | | FBAF EFDF | EFDF EDBA | FAAF GBD'G' | 1 F'D'E'C D'-DE : |2 F'D'E'C D'-D'E' | |: F'D'E'D' B/C/D' AD' | BFAF EFDE' | F'D'E'D' B/C/D' AD' | BE'E'D' E'AD'E' | | F'D'E'D' B/C/D' AD' | BFAF EFDE | FAAF GBD'G' | 1 F'D'E'C D'-D'E' : |2 F'D'E'C D-|

*The Night Owl Time:* As a musician, night time is when I really come alive. This reel features as tune 3, track 1 of the Síocháin na Tuaithe:Peace of the Countryside album.



|: F'A'F'A' F'-F'A' | F'E'D'B ABE'- | F'A'F'A' F'D'F'A' | B'A'F'D' A'F'E'- |
F'A'F'A' F'-F'A' | F'E'D'B A-AB | CnatD'E'D' CnatAGE | FAEA D-E' : |
|: F'E'D'B E'D'BA | D'BAF EFDE' | F'E'D'B E'-D'E' | F'A'A'- B'A'E'- |
F'E'D'B E'D'BA | D'BAF EFDB | CnatD'E'D' CnatAGE | FAEA D-E' : |
|: F'A'A'B' A'-F'A' | B'A'G'F' G'F'E'D' | E'GCnatE' G'-F'G' | A'F'G'E' ABD'E' |
F'A'A'B' A'-F'A' | B'A'G'F' G'F'E'D' | CnatD'E'D' CnatAGE | FAEA D-E' : |

The September Reel: A tune composed as part of my September 2016 compositions project.





|: EGCD' E'-E'G' | F'-F'D' AD'F'D' | EGCD' E'-D'C | AGG- AGFD | EGCD' E'-E'G' | F'-F'D' AD'F'D' | EFGA B/C/D' E'D' |1 CAFA G-GF :|2 CAFA G-GA |

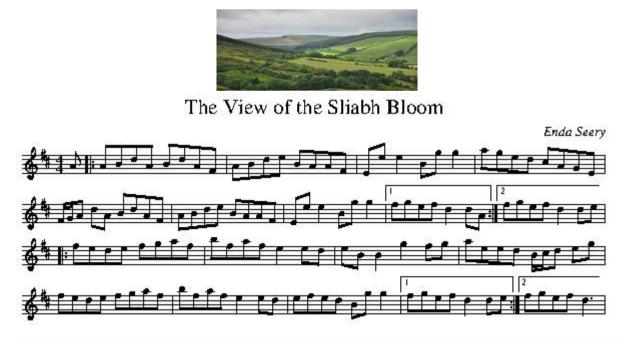
|: B'G'E'B E'G'B'G' | F'-F'G' F'D'D'- | B/C/D' E'D' CABG | EFGA B/C/D' G'A' |
B'G'E'B E'G'B'G' | F'-F'G' F'D'D'- | EFGA B/C/D' E'D' |1 CAFA G-GA:|2 CAFA G-GF |

The Swans at Claddagh: I was inspired to compose this tune after gazing at the beautiful swans at Claddagh Pier, Galway City.



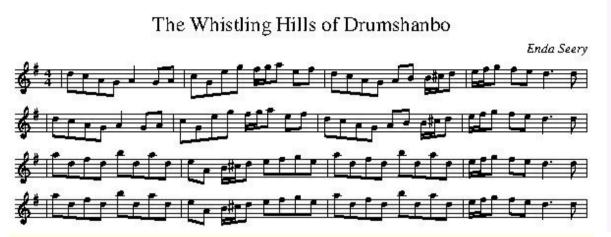
|: B-AC BGAG | EGDG E/F/G DB | DFF- ABCA | BAGE A-GA |
B-AC BGAG | EGDG E/F/G DB | DFF- ABCA | BAGE G-GA :|
|: BGD'G' E'G'D'B | AEE- GEDB | DFF- ABCA | BABC D'E'D'C |
BGD'G' E'G'D'B | AEE- GEDB | DFF- ABCA | BAGE G-GA :|

*The Syonan Reel:* My brother Pádraig and his family live in a beautiful house in Syonan located between Horseleap and Streamstown in Co. Westmeath



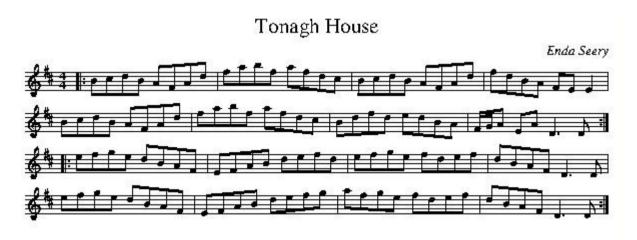
A |: ABD'A BD'AF | ABD'E' BAAF | EE'E'- BG'G'- | A'G'E'D' CAGE |
F/G/A D'A BD'AF | ABD'E' BAAF | EE'E'- BG'G'- |1 F'G'E'F' D'-D'A : |2 F'G'E'F'
D'-D'E' |
|: F'E'D'E' F'G'A'F' | B'F'A'F' E'-E'D' | E'BB- G'-F'G' | A'E'E'D' B/C/D' E'G'|
F'E'D'E' F'G'A'F' | B'F'A'F' E'-E'D' | E'F'E'D' BG'G'- |1 F'G'E'F' D'-D'E' : |2
F'G'E'F' D'- |

The View of the Sliabh Bloom: I used to admire the view of the Sliabh Bloom Mountains on the drive to Limerick from home during the Masters course. It also inspired me to put a view of the countryside on the front cover of the Síocháin na Tuaithe:Peace of the Countryside album.



| D'CAG A-GA | CGE'G' F'/G'/A' E'F' | D'CAG AB B/C#/D' | E'/F'/G' F'E' D'-D' | |
D'CAG A-GA | CGE'G' F'/G'/A' E'F' | D'CAG AB B/C#/D' | E'/F'/G' F'E' D'-D' |
| A'D'F'D' B'D'A'D' | E'A B/C#/D' E'F'G'E' | A'D'F'D' B'D'A'D' | E'/F'/G' F'E' D'D' | A'D'F'D' B'D'A'D' | E'A B/C#/D' E'F'G'E' | A'D'F'D' B'D'A'D' | E'/F'/G' F'E'
D'-D' |

*The Whistling Hills of Drumshanbo:* I teach every July at the Joe Mooney Summer School in Drumshanbo, Co. Leitrim and I composed this tune especially for my advanced whistle class in July 2017!



|: BCD'B AFAD' | F'A'B'F' A'F'D'C | BCD'B AFAD' | F'D'BA FEE- |
BCD'B AFAD' | F'A'B'F' A'F'D'C | BD'F'D' E'D'BA | 3F/G/A EA D-D : |
|: E'F'G'E' D'BAF | EFAB D'E'F'D' | E'F'G'E F'D'E'F' | D'BAF D-D |
E'F'G'E' D'BAF | EFAB D'E'F'G' | A'F'G'E' F'D'E'F' | D'BAF D-D : |

**Tonagh House:** Eilis and Emily Elliott grew up at Tonagh House in Glasson near Athlone, Co. Westmeath. This house is still inhabited today by the Elliott family.

#### **HORNPIPES:**



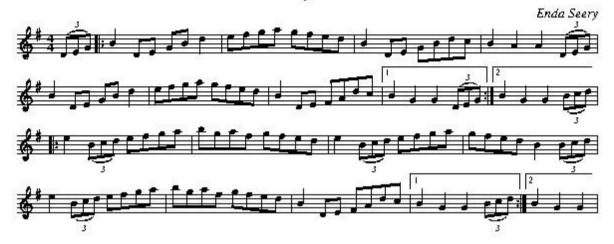


(3GFE |: DGBD' C- (3ABC | B-AG BGAG | EFGD' CEGC | (3BCD' AF D-D | DGBD' C- (3ABC | B-AG BGAG | EGDG EFGC | 1 BDFA G- (3GFE : |2 BDFA G-GA | B-AG BGEF | GDEG DEGA | B-AG BGEF | GABD' E'-D'-- | BAG BGEF | GFFE DEGA | BAGE DEGE' | 1 D'CAF G-GA : |2 D'CAF G- |

*Billy's Favourite:* Billy Martin was my Uncle-In-Law, husband of my Aunt Nancy. He loved Irish music and was a founding member of Ballymore branch of Comhaltas Ceoltóirí Éireann, Co. Westmeath in 1987.



Garravogue River



(3DEG |: B-DE GBD'- | E'F'G'A' G'F'E'D' | B-DE GBD'C | B-A- A- (3DEG | B-DE GBD'- | E'F'G'A' G'F'E'D' | B-DE FAD'C | 1 B-G- G- (3DEG : | 2 B-G- G- (3BCD')

|: E'- (3BCD' E'F'G'A' | B'G'A'F' G'F'E'D | E'- (3BC'D' E'F'G'A' | G'F'E'D' B- (3BCD' |

E'- (3BC'D' E'F'G'A' | B'G'A'F' G'F'E'D' |B-DE FAD'C |1 B-G- G- (3BCD' :|2 B-G-G- |

*Garravogue River:* I stayed in accommodation close to the Garravogue River during the Sligo All-Ireland Fleadh Cheoil of 2014.

#### In Defence of Ireland



|: (3ABC | D'A (3D'E'F' E'D'CB | AB (3CBA FAEA | D'A (3D'E'F' E'D'CB | ACE'A' G'E'CE' |

D'A (3D'E'F' E'D'CB | AB (3CBA FAEA | DFAF EG#BG# |1 ACE'C D'- :|2 ACE'C D'-AG |

|: (3FGA D'F' G'A'B'G' | A'AG'A' F'D'AG | F-FA G'A'B'G' | A'B'C'B' A'-A'G' | F'-F'A' G'-G'B' | (3A'B'A' G'A' F'D'AF | DFAF EG#BG# | 1 ACE'C D'-AG : | 2 ACE'C D'- (3ABC |

*In Defence of Ireland:* From my suite of music celebrating Eilis and Emily Elliott and the 1916 Easter Rising. Eilis and Emily Elliott defended their country during Easter Rising week moving from building to building.



(3GFE |: DFAD' F'-E'D' | BCAG EAGE | DFAD' F'-E'D' | (3BCD' E'F' G'-F'E'|D'FAD' F'-E'D' | BCAG EAGE | (3FGF DA (3GAG EB |1 AFGE D- (3GFE :|2 AFGE D-A |

|: ABD'F' A'-G'F' | G'E'CE' AGFE | (3FGF DA (3GAG EB | AD'F'D' E'ACE' | D'E'F'G' A'-G'F' | G'E'CE' AGFE | (3FGF DA (3GAG EB | 1 AFGE D-A : |2 AFGE D-|

*Langton's of Kilkenny:* Langton's Hotel is well-known in Kilkenny City. I was inspired to compose this tune after attending the wedding reception of my friend Liz to Michael Keenahan there. The tune achieved 3<sup>rd</sup> place for tune composition at the All-Ireland Fleadh Cheoil of Cavan Town in 2011.

#### Music is the Winner



Music is the Winner: For me, music is always the winner.



(3DEF |: GBD'B AGED | GBD'G' E'G'D'B | GBD'B AGED | EAAG BGAF |
(3GAB D'B AGED | GBD'G' E'G'D'E' | G'BD'B E'GAB |1 D'BAB G- (3DEF :|2
D'BAB G- (3BCD' |

|: G'BD'B E'GAB | D'BAB GA (3BCD' | G'BD'B E'GAB | D'E'G'B' A'-B'A' | G'BD'B E'GAB | D'BAB G-GD | EGAB GABE' | 1 D'BAB G- (3BCD' : |2 D'BAB G- |

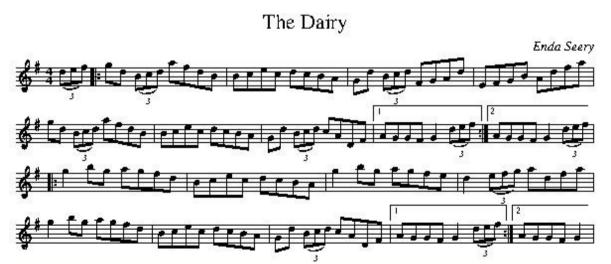
One Step at a Time: This tune was composed during at a particular time in my life when I was told to take one step a time.

#### The Castle Gate



(3G'F'E' |: D'FAD' E'-G'F' | E'ACE' E'D'CA | BGEB ABD'F' | E'AF'A
(3G'A'G' F'E' | D'FAD' E'-G'F' | E'ACE' E'D'CA | (3BCD' E'D' CG'E'C |1 (3D'E'D'
AF D (3G'F'E' :|2 (3D'E'D' AF D-E- |
|: (3FGA CE' D'CAB | CG'E'C D'- (3BCD' | E'A'A'G' E'D'CA | (3FGA CA (3GAG
FE|(3FGA CE' D'CAB | CG'E'C D'- (3BCD' | E'A'A'G' E'D'CA |1 (3BCD' F'E' D'-E|2 (3BCD' F'E' D'- |

The Castle Gate: This is a field on the Seery farm located close to Donore Castle.



(3D'E'F' |: G'D' (3BCD' A'F'D'B | BCE'C D'CBA | GD' (3BCD' FGAD' | EFGB AD'F'A' | G'D' (3BCD' A'F'D'B | BCE'C D'CBA | GD' (3BCD' CADF |1 AGGF G- (3D'E'F' :|2 AGGF G- (3D'E'F' |

|: G'-B'G' A'G'F'D' | BCE'C D'CBA | G'-B'G' A'G'F'E' | D'- (3E'F'G' A'D'F'A' | G'-B'G' A'G'F'D' | BCE'C D'CBA | GD' (3BCD' CADF | 1 AGGF G- (3D'E'F' : | 2 AGGF G- |

**The Dairy:** Sometimes I like to go the Dairy of the Seery Milking Parlour where the Milk Tank is located and play a few tunes. The sound is great with a nice echo, perfect for whistle and flute, and the melody of this hornpipe came to me there.



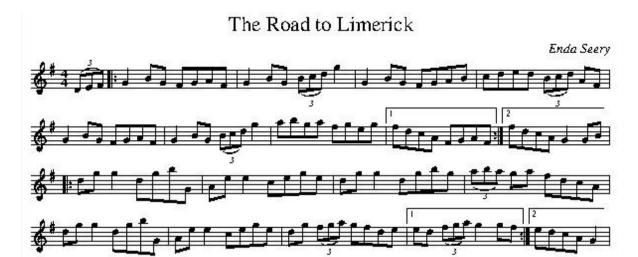
The Greenway



|: (3ABC | (3D'CD' (3E'D'C (3D'CB (3CBA | BAFE F-FA | GEBG FDAF | GA (3BCD' CAE'C | (3D'E'F' (3E'D'C (3D'CB (3CBA | BAFE F-FA | G-BG FAD'F' | 1 A'F'G'E' D'-: |2 A'F'G'E' D'-E' |

|: F'D'BF BCD'F' | E'CAB A-AF | G-BG (3FGA D'F' | A'F'E'D'# E'F'G'A' | F'D'BF BCD'F' | E'CAB A-AF | G-BG (3FGA D'F' | 1 A'F'G'E' D'-E' : |2 A'F'G'E' D'-(3ABC |

**The Greenway:** I'm very lucky to have local access to the Greenway on the old Mullingar to Athlone train line. I regularly run or cycle on it.



(3DEF |: G-BG FGAF | G-BG (3BCD' G'- | G-BG FGAB | CD'E'D' (3BCD' AF | G-BG FGAF | G-BG (3BCD' G'- | A'B'G'A' F'G'E'G' | 1 F'D'CA FGAF : |2 F'D'CA G-GB | |: D'G'G'- D'G'B'G | AE'E'- CE'G'E' | D'G'G'- D'G'B'G' | (3A'B'A' G'A' F'D'CA D'G'G'- D'G'B'G | AE'E'- CE'G'E' | D'G' (3F'G'A' G'F'D'E' | 1 E'D' (3F'G'A' G'-G'F' : |2 E'D'CA G- |

The Road to Limerick: My year on the Masters course in Traditional Irish Music at The Irish World Academy of Music and Dance at the University of Limerick was really a celebration for me of a lifetime playing music. I got so much out of the year. This hornpipe was composed in one of the practice rooms in the Academy.

### The Rolling Hills of Ballybrown



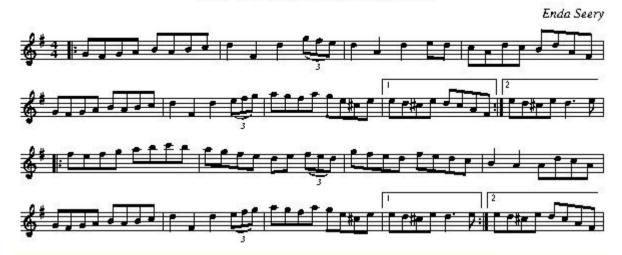
|: D'F'A'B' G'-G'E' | CE'G'A' F'-F'D' | BD'F'G' (3E'F'E' D'E' | CE'BC AGFG | AD'A'B' G'-G'E' | CE'G'A' F'-F'A' | (3G'A'G' F'G' E'F'D'E' | 1 CAGE D-A : | 2 CAGE D-D |

|: GA (3BCD' CAD'E' | F'D'G'D' A'F'D'- | (3GAB D'E' CAD'C | AG (3EGA D-D | GA (3BCD' CAD'E' | F'D'G'D' A'-A' | B'A'G'F' G'F'E'D' | CAGE D-D :|

**The Rolling Hills of Ballybrown:** There are some lovely rolling hills around my local townsland in Co. Westmeath.

#### **BARNDANCE:**

#### You Cant Beat the Fresh Air

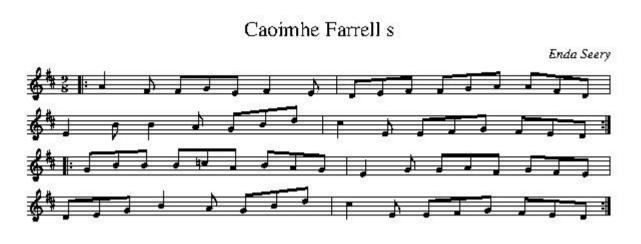


|: GFGA BABC | D'-F- D'- (3G'F'E' | D'-A- D'-E'D' | CAD'C BD'AF | GFGA BABC | D'-F- D'- (3E'F'G' | A'G'F'A' G'E'C#E' | 1 E'D'C#E' D'CAF : | 2 E'D'C#E' D'-E' |

|: F'E'F'G' A'B'C'B' | A'G'F'E' D'E' (3F'E'D' | G'F'E'D' F'E'D'C | B-A- AD'CA | GFGA BABC | D'-F- D'- (3E'F'G' | A'G'F'A' G'E'C#E' | 1 E'D'C#E' D'-E' : | 2 E'D'C#E' D'CAF |

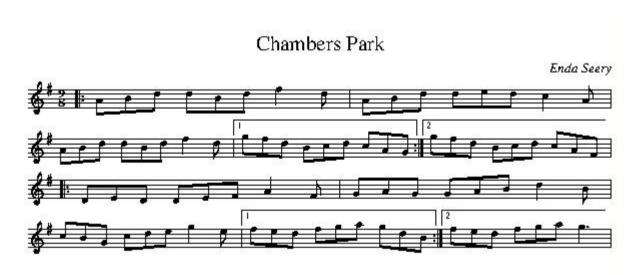
You Can't Beat the Fresh Air: This barndance celebrates the simple joy of fresh air and exercise in my life.

#### **SLIP JIGS:**



|: A-F FGE F-E | DEF FGA AFD | E-B B-A GBD' | C-E EFG FED :| |: GBB BCnatA BAG | E-G GAF GFE | DEG B-A GBD' | C-E EFG FED :|

*Caoimhe Farrell's:* Caoimhe is daughter of my sister Siobhán and her husband Alan. She loves dancing and singing.



|: ABD' D'BD' F'-D' | ABD' D'E'D' C-A | ABD' D'BD' F'-D' |1 G'F'D' BCD' CAG :|2 G'F'D' BCD' CAF|

|: DED DEF A-F | GAG GAB D'-B | CBG CD'E' G'-E' |1 F'E'D' F'G'A' G'D'B :|2 F'E'D' F'G'A' G'-|

*Chambers Park:* I recorded both my solo albums with Rob Laird at his recording studio in Chambers Park, Kilcock, Co. Kildare.



### Looking for Shade



|: BE'E' G'-G' E'D'B | AD'D' 3F'/G'/A' F' D'AF | GFE E'-E' BAG | 1 F-A D'AF EGA | 2 F-A D'AF E- D'/E' |

|: F'E'D' E'D'C D'AG | F-A D'AF ABD' | 3F'/G'/A' F' E'F'E' D'AG | 1 F-A D'AF E-D'/E' : | 2 F-A D'AF EGA |

**Looking for Shade:** I ran a half marathon on the plains of the Curragh near Kildare Town on an extremely hot day and I was desperately looking for any shade I could get.

### Notes in my Head



|: F'-D' E'-D' AFD | E'-D' CBA BCD' |

F'-F' E'-D' AFD |1 E'D'C AGE D-E' :|2 E'D'C AGE D-D |

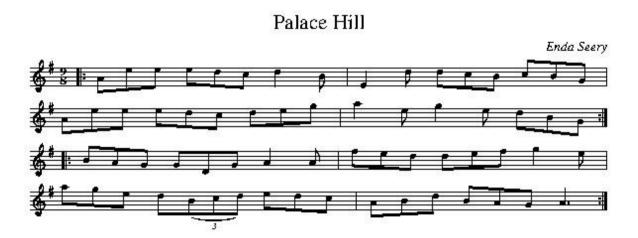
|: E-B B-A BAF | G-B BAF ABD' |

E-B B-A FAD' | F'E'D' AD'C D'-D :|

|: EGB B'G'E' F'E'D' | E'D'C D'AF AFD |

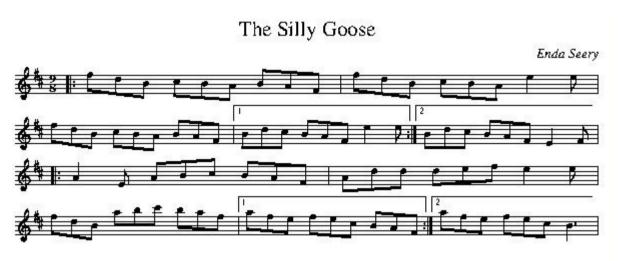
EGB B'G'E' F'E'D' | E'D'C AD'C D'-D' :|

*Notes in my Head:* As a composer, I always have a lot of notes in my head.



|: AE'E' E'D'C D'-B | E-D' D'CB CBG | AE'E' E'D'C D'E'G' | A'-E' G'-E' D'BG:| |: BAG GDG A-A | F'E'D' D'E'F' G'-E' | A'G'E' D'(3BCD' E'D'C | ABD' BAG A-:|

**Palace Hill:** Palace Hill is located just across the road from the Seery family home. We used to do a lot of exploring there as youngsters during the long summer days.



|: F'D'B CBA BAF | F'D'B CBA E'-E' | F'D'B CBA BAF |1 BD'C BAF E'-E' :|2 BD'C BAF E-F |

|: A-E ABC BAF | AD'D' D'E'F' E'-E' | F'D'B A'B'C' B'A'F' | 1 A'F'E' F'E'C BAF : |2 A'F'E' F'E'C B- |

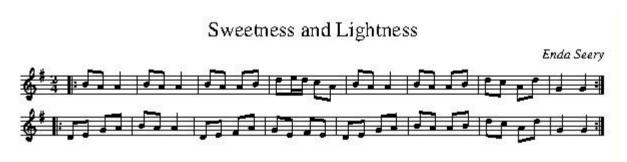
**The Silly Goose:** I heard my niece Caoimhe playfully say to her cousin Shay one Sunday afternoon: 'Shay you silly Goose!' and I thought, I have to compose a fun tune with that name.

#### **POLKAS:**



|:D'D FD | D'D FD | GA GE | FA AB/C |
D'D FD | D'D FD | GA GE | FD D- :|
|: FG AF | GE ED' | CA CE' | F'D' AF |
DF AF | GE ED' | CA CE' | D'- D'- :|

**Polca na mBan:** This polka celebrates Eilis and Emily Elliott and their involvement in Cumann na mBan and the 1916 Easter Rising.



|: BA A- | BA A- | BA AB | D' <u>E'D'</u> CA | BA A- | BA AB | D'C AD' | G- G- : | |: DE GA | BA A- | DE FA | GE FE | DE GA | BA AB | D'C AD' | G- G- : |

Sweetness and Lightness: The great whistle player Mary Bergin always says the most important techniques for playing the whistle are sweetness in the blowing and lightness in the fingers. Very true!

#### The Greek Polka



|: E'D' CA | B- B- | E'D' CA | BG D'B | A- B/C/D' | E'F' G'A' | A'G' D'B | G- G:|

|: A- B/C/D' | E'D' D'B | GD BG | D'B GB | A- B/C/D' | E'F' G'A' | A'G' D'B | G- G- :|

*The Greek Polka:* James Hughes, a fiddler from Clara, Co. Offaly likes Greek music, so this melody came to me from listening to some Greek music that James had on his sound system. Maybe someday, I might visit Greece myself and play this tune for the locals!



#### The Pudding Polka No 1



|: G- BG | AC C- | BG AG | E/F/G FA | G- BG | AC C- | BG AG | ED D- : | |: DE ED | FA A- | GD BG | AC C- | DE ED | FA A- | BG AG | ED D- : |

#### The Pudding Polka No 2



|: A-<u>B</u> CA | BA GE | D-<u>E</u> FD | GD FD | A-<u>B</u> CA | BG BD' | E'G' D'E' | BA AE : | |: A- B/C/D' | E'D' D'- | E'D' BD' | E'G' G'- | A- B/C/D' | E'D' D'G' | E'- D'E' | BA AE: |

*The Pudding Polkas No 1 and No 2:* These polkas were composed as a pair. My Mam was making Christmas Puddings and the smell was making me hungry to eat and compose tunes!

#### **SLIDES:**



The Derravaragh Slide



|: A-E' E'D'E' G'A'B' G'D'B | A-E' E'D'B D'-E' D'BG |
A-E' E'D'E' G'A'B' G'E'D' |1 E'D'E' G'D'B ABA ABG :|2 E'D'E' G'D'B ABA ABD' |
|: E'-A AGA D'-G GFG | B-E EDE GAB BCD' |
E'-A AGA D'-G GFG |1 BAB E'D'B ABA ABD' :|2 BAB E'D'B ABA ABG |

*The Derravaragh Slide:* I worked with a fantastic group of young musicians called 'Derravaragh' a few years ago. It is a Westmeath Comhaltas project and this tune was composed especially with the group in mind. Thankfully they liked it and it features on the group's debut recording The Bucks of Westmeath.

## The Smell of Freshly Cut Grass



A |: FGA EFG FED A-A | FGA EFG FED B-B |
ABC D'CB ABC D'AF | DEF A-F E-D D-: |
A |: B-G E-G B- BCD' | C-A E'-A C- CD'C |
B-G E-G B- BAG | ABC D'AF E-D D-: |

The Smell of Freshly Cut Grass: There is no nicer scent than the smell of freshly cut grass!

#### **MARCHES:**



St Padre Pio s March



G-<u>A</u> |: BD'D'E' D'-<u>DE</u> | F/G/A AB ADBD' | C-AC B/C/D' GB | AEGF D-<u>DE</u> | FDAD GDBG | AD'C#E' D'G'BD' | C-AC B/C/D' GB |1 A-G- <u>G</u>G-G-<u>A</u> :|2 A-G- <u>G</u> G-A-<u>B</u> | |: CAFA D'CAG | F-D- <u>D</u>D-A-<u>B</u> | CAAG F/G/A D'E' | F'A'E'F' D'-D-<u>E</u> | FDAD GDBG | AD'C#E' D'G'BD' | C-AC B/C/D' GB |1 A-G- <u>G</u>G-A-<u>B</u> :|2 A-G- <u>G</u>G-

*St Padre Pio's March:* My Mam gave me the Baptismal name Pio after Saint Padre Pio who became famous for bearing the stigmata for most of his life. Pope Saint John Paul II declared Padre Pio a Saint on 16th June, 2002.

### The Proclamation March



|: FD | F-FD GAFD | EAAB AEAB | C-BA G- (3EFG | F-EE EEFD |
F-FD GAFD | EBBD' C- (3D'CB | AF (3BAG (3FGA EF | D-D- E/D- :|
|: A-/B | CACE' D'- BC | (3D'CB FB E' (3F'E'D' | C- (3D'CB AF (3BAG | F-EE EEFD |
F-FD GAFD | EBBD' C- (3D'CB | AF (3BAG (3FGA EF | D-D- E/D- :|

*The Proclamation March:* The Proclamation of the 1916 Easter Rising was read out many, many times in 2016 as part of the Centenary Anniversary of the Rising.

#### **WALTZ:**

### Leanann an Saol ar Aghaidh



|: C-C E'D'C | B-F- EF | B-F- EF | AFE FAB | (3CBA D'C BA | B-F'- E'F' | B'-F'- E'F' | 1 A'F'E' CAB : |2 A'F'E' CAE | |: ABC D'E'- | BCB AFE | FG#A BC- | BCB AFE | ABC D'E'- | BCD' E'F'- | B'-F'- E'F' | 1 A'F'E' CAE : |2 A'F'E' CAB |

Leanann an Saol ar Aghaidh (Life Goes On): This waltz was composed during a tumultuous week for the world when Donald Trump somehow became President of the U.S.A.

#### **SLOW PIECES:**

A New Ireland in the Orchard Air: I composed this piece as part of my suite of music, celebrating the lives of Eilis and Emily Elliott and their involvement in the 1916 Easter Rising. Eilis and Emily plotted 'A New Ireland in the Orchard Air' from their home at Tonagh House, Glasson, Co. Westmeath. SEE AUDIO FILE.

An Sreabhadh Uisce: Meaning 'The Water Flow', this slow piece is portraying the flow of notes going through my head before composing or after playing and listening to music. SEE AUDIO FILE.

**Fonn an tSrutháin:** Meaning 'Tune of the Streams', this was one of my first compositions. I played it first on piano before moving to whistle. I had the peacefulness of the streams running through the countryside in mind and of course I just happened to have grew up in Streamstown. SEE AUDIO FILE.

*In Search of Freedom:* From my suite of music celebrating Eilis and Emily Elliott and the 1916 Easter Rising which was a catalyst for bringing freedom and independence to the people of Ireland. SEE AUDIO FILE.

La Gaofar Naomh Bríd: Meaning 'A Windy St Bridget's Day', this piece was again composed on piano. The wind was howling outside. I would love someday to arrange this piece with some fiddles or string instruments as accompaniment. SEE AUDIO FILE.

*Oiche Naomh Pádraig:* Composed in the evening/night of a St Patrick's Day. I feel the commercial side of St Patrick's Day is taking over and we need to strip it back to the traditional roots. SEE AUDIO FILE.

*Síocháin na Tuaithe:* This tune celebrates the beautiful, peaceful countryside where I live. It was also the title tune for my second album release. SEE AUDIO FILE.

*Tradisiúin Láidir:* Meaning 'Strong Traditions', this piece was composed after I listened to what I describe as some messy live traditional music. For me the core values of a strong melody and rhythm is what makes our traditional Irish music so popular. SEE AUDIO FILE.